Evidence based midwifery care

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Concept of the midwifery care

• Woman-centered care
• Individualized care

Circle of Midwifery Assessment Process
Evidence Based Midwifery Care

Evidence Based Midwifery Care is the integration of clinical expertise, research evidence and woman preference.
Workshop “Woman & Baby Friendly Childbirth Care Based on Evidence”
Guide to Individualized Midwifery Care for Normal Pregnancy and Birth

- Basic concept of midwifery care
- Role of midwives
  - External Environment for Birth
  - Support to Keep Birth Normal
  - Position for Labor
  - Assessment and Monitoring Labor
  - Midwifery Care in 2nd, 3rd, and 4th stage
  - Immediate Care of New-born Baby
To put understanding into practice

- Action Plan
- Study tour
- Role Play, Video
- Trust game
- presentation
- discussion
Actual practice

- To build trust relationship with women and their families
- Individualized and based on evidence midwifery care
  - Case study, SOAP
- Improvement of birth environment
  - Permission of attendance of family to delivery room
  - Position change during labour
  - Massage to reduce pain for women
  - Intake of food and beverage during labour
  - Explanation of progress of labour and procedure to women and families
- Introduction of methods for measuring progress of labour without vaginal
Workshop on Woman and Baby Friendly Childbirth Care Based on Evidence

- NMCHC: 153
- KCM province: 31
- KCM region: 177
- Other Regions: 76

Targets

- 2011 Guide
- 2012
- 2013 Communication WS (for new employees)
- 2014
Voice of midwives who practiced the care in their working place

• “If I took care of woman gently and politely, I felt the woman’s attitude toward us also changed well more relaxed.”

• “I want to care for every woman to give birth safety and happily with love”

• “If I make woman to push naturally and assess necessary case of episiotomy, it took longer time for delivery. But it reduced bleeding during delivery and pain after delivery.”
What is required to midwives after this? (Vision of the future)

• To share the concepts among all midwives in Cambodia
• To build the trust relationship with women and their families forever
• To continue the practice what we learnt any time